

## **Prayer Helps to get you started:**

As you begin, thank God for all the grace God has placed into your life...and asking your most present needs and questions. God wants to know what you need...

– 4 ways we can till the soil of your heart and mind so that you are good soil for God’s Word. – especially during this time of rebooting.

- 1) How can I cultivate a receptive heart & mind?
- 2) Do I really allocate much time to listening to God?
- 3) How can I eliminate the weeds of distractions that get in the way of my relationship with God; AND 4
- 4) How can I cooperate with God or trust more fully in his Word with a willing heart?

## **4 more helpful hints to assist you in your prayerful conversations with God:**

**#1 Realize that you** most likely will have a hard time hearing God unless you enter this Holy conversation with **a deep desire to hear...**

- Try entering into time with God with some key praises or needs you may have

**#2 Unless you are trained and have practiced for a while you will need to be in a quiet place when you speak with God...**a place set apart to hear God’s whisper of love...

(Luke 5:16) *“Jesus often withdrew to a lonely place and prayed”*

**#3 Last weeks lesson in Habakkuk tells us: *I will climb my watchtower and wait to see what the Lord will tell me*** – most of us don’t wait very well...

- Try and take some intentional time away from others or focused on what you are thanking and seeking God for.

**#4 Empty your mind on paper...**I know, I know this is not natural for many...but I am not speaking about creative writing 😊

- Simply write down a word or sentence that captures the essence of what came to you from God in the prayer.

**#5 We take our prayers to worship and our church community.**

- Simply fill out the prayer card you receive at worship on Sunday and turn them in with your offering.
- Or contact the church office and let them know you would like to be added to the prayer list of the church.
- Or simply tell another member of Shalom that you feel comfortable speaking with about your prayer need and ask them to prayer for you.